



REASONABLE ALTERNATIVE STANDARD/WAIVER

Instructions for patients and health care professionals

Your employer is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all eligible Anthem-covered employees and spouses. The information and instructions below should be used by both patients and a licensed medical professional when seeking a reasonable alternative standard (RAS)/waiver.

Reasonable Alternative Standard/Waiver: If it is medically inadvisable for an individual (employee or covered spouse) to participate in any aspect of the County's wellness program which may be required to earn an incentive, contact Human Resources at (937) 645-3106 or at HR@unioncountyohio.gov for a waiver form. A waiver is the reasonable alternative standard (RAS) that will waive the annual physical if completed by the individual's physician and returned to Human Resources by the prescribed deadline. Those with a processed RAS/waiver will still need to comply with any remaining requirements of the wellness program.

Deadline: Completed waiver forms MUST be submitted to Human Resources at least ONE WEEK before the end of the wellness program period. Delivery methods include:

Drop off or mail to: Union County HR Dept.
233 W. 6th St.
Marysville, OH 43040

Email: HR@unioncountyohio.gov

Fax: 937-645-3072